

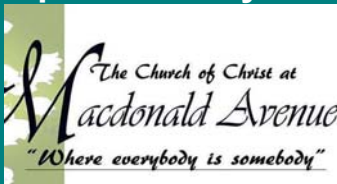
COURAGEOUS WOMEN ASSOCIATION



# Join us for our **FREE**

# Career Development & Economic Empowerment Program

Sponsored by:



Every Saturday March 7, 2020 to April 18, 2020

9:00 a.m.— 4:00 p.m.

MacDonald Avenue Church of Christ

4709 MacDonald Ave., Richmond, CA 94805

This program is designed to support individuals and parents secure and maintain viable employment and achieve self-sufficiency. Open to non-binary and gender diverse people who are impoverished, unemployed, homeless, veterans, disabled, undocumented, formerly incarcerated, or in recovery. Participants who successfully complete the program will receive FREE suits, computers, business essentials, & certificates of completion during our formal graduation ceremony.

## Workshop Includes

- ~ Image and Etiquette
- ~ *Esteem Building & Life Skills*
- ~ Communication & Social Skills
- ~ Conflict Resolution
- ~ How to Market Yourself Effectively
- ~ Social Media Networking
- ~ Finance Management
- ~ Computer Literacy
- ~ *Resume Writing & Critique*
- ~ *Successful Interviewing*
- ~ *Introduction to Entrepreneurship*
- ~ *Housing Education*
- ~ *Health and Wellness*
- ~ *Mindful Meditation*



Business leaders and professionals have volunteered their time to facilitate and provide valuable resources, tools and skills that enrich, encourage, and educate!

**Child sitting services, meals, and weekly bus passes are included!**

Register online: [www.courageouswomen.org](http://www.courageouswomen.org) or email: [info@courageouswomen.org](mailto:info@courageouswomen.org)

CWA is an IRS certified 501(c)3 nonprofit corporation