

COURAGEOUS WOMEN ASSOCIATION



ENCOURAGE INSPIRE EMPOWER

Sister ² Sister

Empowerment and Enrichment Alliance

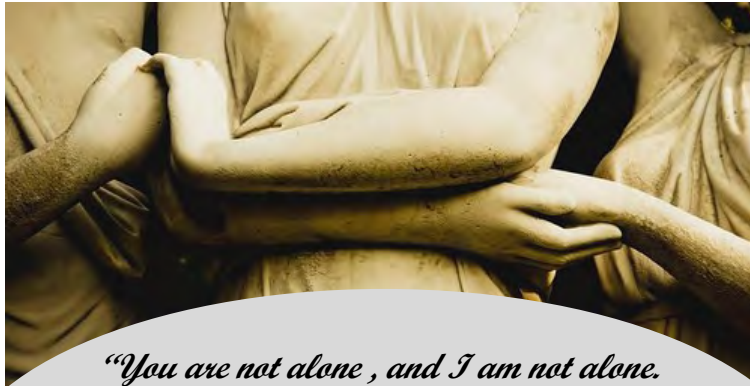
Empowering the hearts of women and youth survivors
of domestic violence, homelessness, prostitution and
human trafficking, incarceration, and addiction.

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*“You are not alone , and I am not alone.
We are a sisterhood, together, and together
we can make it.” Sarah Mae*

Our Program is designed to build esteem, reinforce self-worth, and cultivate self-care, through group discussions and activities, victor-to-victim pairing, and one-on-one counseling to girls and women ages 12-60.

We utilize our "Speak to the Heart from the Heart Model" concept by providing an interactive and personable approach through storytelling, role play, positive affirmations and other methods that educate on the importance of self-worth, life choices, image & etiquette, proper communication, life skills, goal setting, finance management and more.

Clients receive helpful tools, many benefits, and access to unlimited resources that can be used beyond our program.

This program is open to groups of up to 25 people and runs biweekly for 3 months with a month break between each cycle.

Please contact us to begin your session.