

COURAGEOUS WOMEN ASSOCIATION



ENCOURAGE

INSPIRE

EMPOWER



Sister ² Sister

Empowerment & Enrichment Alliance

Every Thursday from 6:00p.m.—7:15p.m.

Join by Google Meet: <https://meet.google.com/vmw-ugbp-xrs>

Support groups are personable, interactive, and designed to build esteem, reinforce self-worth, and cultivate self-care through group discussions and activities, victor-to-victim pairing, and one-on-one counseling.

For women, girls, and gender identity/expressive people.

Program is **FREE** to all survivors impacted by trauma, sexual assault, and violence, as well as families & friends who need support and education on how to assist their loved ones suffering adversity.

For more information email: info@courageouswomen.org

www.courageouswomen.org